

NORTHWOLD YOUTH CLUB

Phew! What a busy September and October! The young members have been learning and/or improving their skills in Golf and Art with much gusto.

.. First of all, Peter Field – the Golf Pro at Swaffham Golf Club – put everyone through their paces. Then, at the following session, Glenda Burton kindly gave up her time to help the members paint some tiles during an Art Workshop.

In fact, there is a great story to the Art Workshop. Bill and Moira from Northwold Tile Centre gave the Club some tiles; Kings Lynn Borough Council donated some funds to mount the tiles on proper backer-board and purchase some ceramic paints; while Glenda gave her time to help the children paint a swan – with the finished piece of work to be presented for permanent display at St Andrew's Church. (Date yet to be confirmed.) This may all sound simple enough - until you realise that 30 children each had to paint their own individual 3"x3" part of the picture - all within



1 ¼ hours ... and they did it! Huge thanks must go to Glenda for sharing her artistic talent with the youngsters – they really did enjoy themselves. One quote from a 9 year old that sums up the evening:

Q. What did you enjoy the most?

A. "Painting because it was very fun!"

We also held a drawing competition that evening. It is never easy to judge 30 entries, let alone by 30 children, and we had to prevent Glenda giving everyone a prize! Amber, Lauren, Alfie and George were awarded prizes in the tuck shop for their entries.

Most people will be aware that club members are encouraged to participate



in other Village Activities ("Active Citizenship" in official jargon) so we'd like to say thank you to one of our Youth Club "Champions", John Pearce, who represented the Youth Club at the Harvest Festival. Please feel free to advise Sharron or Jane Luckman of an event/activity that may be of interest to our members.



Junior Achievement Awards

We are proud to announce that Northwold Youth Club has been invited to participate in the national accredited award scheme for 7 to 11 year olds. Sharron Freemantle and Dean Preston have recently completed their training to be Award Workers to help the young people complete their personal or group challenges. The scheme works to each individual's time-scales and abilities. If anyone is interested in taking part – please speak to either Sharron or Dean. Further details will be distributed to ex-

isting youth club members, but we are happy to work with other youngsters who cannot attend the usual club meetings because of other commitments.

Steve Freemantle

NORTHWOLD VILLAGE HALL

' Please note that the Northwold Village Hall will be closed from Monday 1st November until Sunday 7th November 2010 for redecorating.'

John Burton

THANK YOU

A heartfelt thank you to all friends and family on your cards and condolence's on the recent loss of my lovely dad. at such a difficult time it has been a great support to know that people care so much..... thank you.

Paula Lavender

Macmillan Cancer Support

Thank you so much to everyone who supported our "Macmillan Coffee Morning" event this year.

Despite the dreadful weather the event was very well attended and raised a magnificent £315.00.

My grateful thanks go to everyone who help man the event and especially to everyone who turned out in the rain to join us in a cup of tea and slice of cake and to spend their money so generously.

Ann Howarth

BALLROOM DANCING

If anyone is interested in ballroom or Latin dancing and would like to come to a very informal evening perhaps once a month in the Village Hall on varying dates please contact Stephanie Squires on 728317 or by email (her address is on page 2). It doesn't matter if you've danced before or not, you will be very welcome whatever your standard. It is hoped to dance the waltz, quick step, foxtrot, tango, jive, rumba, cha cha cha etc., and have a good evening. Cost will be minimal to cover the hire of the hall.

Carol

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The views expressed in submitted items are not necessarily endorsed by Northwold & Whittington Village Life. Whilst we endeavour to ensure that all information contained in the newsletter is correct, we cannot be held responsible for errors. The Editor reserves the right to refuse or omit items without explanation.

ST. ANDREW'S CHURCH Diary for November 2010

Tuesday 2nd November

7.30 pm All Souls' Day: Benefice Service at Hockwold

Sunday 7th November

11.00 am Service of the Word and Baptism

Sunday 14th November

3.00 pm Remembrance Service

Sunday 21st November

8.00 am Holy Communion

Sunday 28th November

11.00 am Holy Communion

December 2010

Sunday 5th December

10.00 am Benefice Service at Weeting

Friday 10th December

10.00 am Toy Service

Sunday 12th December

11.00 am Matins
4.00 pm Christingle

Sunday 19th December

8.00 am Holy Communion
6.30 pm Tree Festival

CHRISTMAS EVE

11.30 pm Holy Communion

CHRISTMAS DAY

11.00 am Holy Communion

**THERE MAY BE CHANGES SO
PLEASE KEEP AN EYE ON THE
NOTICE BOARDS**

FUTURE DATES FOR YOUR DIARY

14th November - REMEMBRANCE
SUNDAY @ 3pm at the War Memorial.

Saturday, 4th December
Bazaar @ 2.30pm in the Village Hall

CHRISTMAS TREE FESTIVAL

If you would like to decorate a tree for the Festival on December 19th please let Carol Sharp know on 728227

Northwold Community Car Scheme

Old age is taking its toll and we are getting short of **DRIVERS**. If you can manage to take patients to hospital, dentists, opticians etc., receiving 40p per mile expenses please contact Jim Booty on 728515.

The Benefice Christ Church Whittington

The Benefice is in interregnum.

For queries, in the first instance, please contact Father David Evans, Rector of the Hilgay group.

The Rectory, Church Road, Hilgay,
Downham Market.

Telephone 01366 384418 or email
david.evans@ely.anglican.org

Licensed Lay Ministers:

Keith MacLeod - West Barn, Ryston
Road, West Dereham. Telephone 01366
500960

Carol Nicholas-Letch - Honey Tree,
Furlong Drove, Stoke Ferry. Telephone
01366 500704

For information concerning marriage,
baptism or funerals, please contact The
Churchwardens or Verger.

Sunday 14th November

10.50 am Remembrance Service, Carol
Nicholas-Letch

Sunday 28th November

9.30 am Morning Service, Keith
MacLeod

If you need a lift to Church,
please telephone the Churchwar-
dens or Verger

Verger - Trish Willis (01366 500138)

Cleaning & Flower Rota - Mrs. Davina
Eves & Penny

WHERE CAN I GET TO?

Alternatives to scheduled transport near
you, for further information please call
0344 800 8020 or go to
www.whericanigetto.org.uk

Norfolk County Council

WELCOME PACK

If you have just moved into Northwold,
St. Andrew's Church is very pleased to
provide you with a Welcome Pack full
of useful information about the Village
and surrounding area.

If you would like a Pack please con-
tact Irene Quinn, telephone 01366
728098. A small donation to cover ex-
penses would be much appreciated but is
not essential.

If you know of any new residents near
you, could you let her know, please, so
that a Pack maybe delivered as soon as
possible after their arrival date.

NORTHWOLD PARISH **COUNCIL**

Clerk: Jane Scarrott,
Warren House, Brandon Road,
Methwold, Thetford, Norfolk,
IP26 4RL.

northwoldpc@btinternet.com
Tel: 01366 728238

An Allotment Garden Plot in
Northwold is available for tenancy.

Approx. size
30m x 60m
(could be split into smaller plots)

Please contact the Clerk as above for
further information.

NORTHWOLD BOWLS **100 CLUB DRAW**

OCTOBER

1st £20 No.11 Toni Hay
2nd £15 No.69 Wayne Everett
3rd £10 No.42 Roger Preston

Roger Preston

HAVE YOU EVER THOUGHT ABOUT A PROJECT THAT WOULD BE BRILLIANT FOR NORTHWOLD OR WHITTINGTON.

... and then didn't know where to turn?

With this in mind, I am investigating the feasibility of starting a Community Action Group (much like the one in Methwold) that could be a driving force for such things as community notice boards, community shop/post office (aim high!!), "tidy up village" days, clean road signs, old cemetery revamp, and a focal point for members of the community to put forward ideas for projects within the parish.

In no way is this meant to show any disrespect to the Parish Council but, by its very nature, the Parish Council cannot be spontaneous and often its remit/finances prevents anything proactive. The Northwold Action Group (NAG!!) could still work with the Parish Council, but also drive projects forward when the Council has other priorities!

Additionally, recent experience has

taught me that some grants and funds for worthwhile causes are not always open to Parish Council applications. A not-for-profit organisation could possibly access such funding opportunities.

If enough people are interested in forming an Action Group, then a formal meeting can be organised to develop the idea further.

Like-minded people should contact Sharron Freemantle on 01366 727675 or drop a line to 17 Church Lane, Northwold.

Sharron Freemantle

Mill House Farm Pork

We will have bacon packs available
from early November
(back/streaky/gammon/collar)

There are limited amounts available
so please call early to avoid
disappointment

Telephone Gill on (01366) 727679
Or Mob: (07810) 412371

We also have fresh walnuts for sale
and expect to have our home-cured
parma-style ham packs ready in mid
December

Derek Johnson

PROPERTY & LANDSCAPE MAINTENANCE

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imney pots & cowlings fitted
Chimney stacks and general re-pointing
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General plumbing & drainage
Roof, patio & driveway pressure washing
Trees & conifers trimmed or removed
Hedges, bushes and ivy trimmed
Fencing & decking, landscape maintenance

TELEPHONE 01842 810816

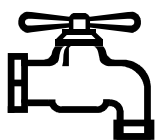
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Georgina Sims

NORTHWOLD WI

The Annual General Meeting of Northwold WI took place in the Village Hall on Tuesday 12th October at 7.30 pm. After the singing of Jerusalem the Minutes of the previous AGM were read, approved and signed as correct. The outgoing Committee were thanked for all their hard work over the past year and presentations of orchids were made by Beryl and Pauline. Mrs Rosemary Crisp was also thanked for her contribution to WI as a hard working member for the past fifty years. The next part of the meeting was the election of officers to serve on the new Committee. After nomination and voting the new Committee were agreed as follows: President Mrs Brenda Ayers, Vice President Mrs Patricia Haye, Treasurer Mrs Hilary Sherrington, Minute Secretary Mrs Verity Lynch, Correspondence Secretary Mrs Glenda Burton, Catering Organiser Mrs Jenny Langley, Raffle Organiser Mrs Rosemary Crisp, Programme Organiser Mrs Beryl Quilter, Press Officer Mrs Glenda Burton, Supper Co-ordinator Mrs Peggy Clear. Mrs Jenny Bunyan will continue organising the Competitions. The President spoke of

the many and varied activities which took place during the past year including the Pantomime in January, the visit to The Sheridan School by some members, the very enjoyable visit to the Royal Show at Norwich, and, of course, the Village Carnival.

After the business meeting was concluded the members took part in a very entertaining quiz drawn up by member Ann Howarth. The winning team was made up by Pauline, Hilary, Brenda and Beryl, who all received prizes of hyacinths. Second were Fiona, Jane, Jenny Bunyan, and Jenny Langley, and third place winners were Doreen, Irene, Jenny Bailey, and Jackie.

A Sumptuous Supper was provided by Doreen and Jackie and enjoyed by everyone.

Our next meeting is our Birthday Meeting and will be held at Timbers Restaurant in Fincham on Tuesday November 9th.

Glenda

BELL RINGING AT WHITTINGTON

On September 22nd Sylvia Jackson rang Whittington church bell in recognition



of International Year of Biodiversity. When officials at the UN Headquarters in New York and Nairobi rang bells on 22nd September they hoped that

bells would also be ringing around the world and England's bell ringers playing their part. The year of biodiversity is to draw attention to the accelerated rate at which species are being lost as a result of human activities, currently 1,000 times the natural rate and rising. For the first time ever biodiversity is being discussed by Heads of State in the United Nations, which we hope will be a further step toward saving our environment.

Sylvia

B R LANDSCAPING and CONSTRUCTION

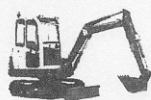
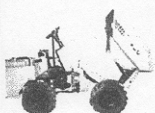
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NORTHWOLD CHARITIES

EDMUND ATMERE CHARITY

The Trustees invite any resident in the parish of Northwold, who is ill or permanently disabled and might like some financial help from the Edmund Atmere Charity, to apply in writing to the Clerk, Mrs. S Helaine Wyett, Pangle Cottage, Church Path, Wretton, PE33 9QR. Applications must be received by **22nd November 2010**.

ST THOMAS'S DAY DOLE

The Dole will be paid on **Tuesday 21 December** from the Vestry in Northwold Church, between 10 and 11am, and at 11.15am near the entrance to Norman Drive. Please collect in person, or arrange for someone else to collect on your behalf. **The Trustees are unable to deliver cheques after the stated distribution date and times.** In the case of married couples, cheques are made out jointly unless otherwise previously notified.

Qualifications for eligibility are at least 5 years residency in the Parish and a minimum age of 60 for women and 65 for men. New applicants should apply in writing to the Clerk, Mrs. Helaine Wyett, Pangle Cottage, Church Path, Wretton, PE33 9QR, by **22nd November 2010**

Helaine Wyett

PLOUGH MONDAY

Just a reminder that Plough Monday will be 10th January 2011

NORTHWOLD EDUCATION FOUNDATION

The Northwold Education Foundation has funds available to help students who are resident in Northwold towards costs incurred in their Higher or Further Educational studies. Please apply in writing to Mr J Booty, Chairman of Trustees, 42 School Lane, Northwold IP26 5NB by **10 November 2010**.

Helaine Wyett
Clerk to the Trustees

BAG2SCHOOL FUNDRAISING

We are having a Bag2School fundraising collection!

To raise funds for our pre-school & school, we are asking everyone to donate unwanted used clothing.

The more we collect, the more funds we raise.

- Please give clean clothes, soft toys, belts, purses and shoes (tied together).
- Please bring items in any type of bag on Wednesday 10th between 3 and 3.45 or on the morning of the collection.

Bags are available from Pre-school or school.

DATE & TIME OF OUR COLLECTION: Thursday November 11th @ 9 am

RETURN BAGS TO: The Norman School Northwold

OUR SCHOOL'S ORGANIZER IS:

Holly and Claire www.bag2school.com

Thank you for your continued support.

Holly & Claire

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QUIZ NIGHTS -
EVERY OTHER WEDNESDAY

NOVEMBER 10th & 24th
DECEMBER 8th

ABANDONED UNWANTED CATS

Some of you may have read in the Lynn News on October 5th about the appeal the Cats' Protection Centre have launched due to the rise in the number of abandoned/unwanted cats they are having to deal with. I added to their numbers by finding the mentioned litter of 10 kittens near Northwold (pictured in the paper). They had been put into a cardboard box, dumped by the side of a small lane in the pouring rain and left to their fate – they wouldn't have lasted the day. Heaven knows why I drove that way but at least 10 little kittens will now have a chance of a good life. I cannot understand the mentality of somebody who could do this to any animal, let alone kittens only 5 or 6 weeks old. Suffice to say, we now have a new addition to our animal family and he is a sweet-natured wonderful little chap.

Gill

R.J.FENDICK
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I find it hard to believe that, as I write this, I have only one more week as Head teacher of The Norman School. When I was offered the Head teacher's post at Wells Next The Sea Primary School in May of this year, my start date of November 1st seemed a very long time away.

But now, as I am frantically tidying, filing and finishing the last jobs there are for me to do, trying my hardest to make the transition as smooth as possible for those who come after me, I can't help but look back over the (almost) three years that I have been here and look forward to the future of The Norman School.

A lot has happened in three years. The building has changed with new extensions to classrooms and a library and ICT Suite refit. The curriculum has changed with many subjects being put together into Cross Curricular Themes. We have faced Ofsted and Church School Inspections and come through them well.

Throughout all this I have been assisted by a wonderful team. The staff and governors we have here at the moment are first rate and I shall miss them terribly, both personally and professionally. There have also been some notable members of both staff and governors who have moved on over the last three years and whose contribution has been so valuable.

The children are superb. It is their enthusiasm, as well as that of the staff, which drives standards upward and creates the welcoming and friendly ethos for which our school is well known. It is remark-

able to see the growth that children undergo, not just physically but emotionally and intellectually. When one bends under the heavy workload, it is this, in the end, that provides the extra energy one needs to keep going.

I have talked about change, but in many ways it is what stays the same that makes Northwold special and will provide me with so many lasting fond memories. Tradition is so important and I have found that the many community events, in which the Norman School is involved, give children opportunities which many others just do not have. Whether it be Carnival, The Produce Show, May Day Celebrations, Carers Lunch, The Forget Me Not Club or our frequent visits to the beautiful Parish Church, these are rich experiences which will stay with the children and inform their understanding of what it means to be part of a community.

I must say that I feel privileged to have been welcomed into this community.

As for the future of The Norman School, Mr Bowles, my Senior Teacher, will take over as Acting Head until January when the new Head teacher, Mrs Carole Reich will take over. I have met Carole and talked with her at length and I feel very confident that she will fit in with The Norman School very well, and I know that she will receive a warm welcome and plenty of support.

Rob Hothersall

Cathedral Day

Key stage two children from the Norman school went to Ely Cathedral to take part in the Diocesan Schools Cathedral day.

Here are some of the memories from Class four.

I enjoyed seeing the woman play the different instruments and hearing the

music they made – Olivia
I liked making the tawdry because they were pretty and easy to make – Amber
I liked listening to the lady playing instruments – Megan
I liked the musical bit because I liked all the old instruments – Thomas K
I learned about the Middle Ages and what they wore – James
I liked the story teller because it was really good and interesting – Hannah B
I liked Sam Archer because he talked funny and said “they’re only French and it doesn’t matter if they get killed” – Jack
I liked the medieval shop because it had gross stuff and loads of blood and guts – Callum
The best part about cathedral day was making the tawdreys – Ellie
I enjoyed making the tawdreys; we made them out of paper – Ella
I liked the activities like archery – Harry R
The best bit about Ely Cathedral was making the badges, they were white and blue – April
I liked the lady that had the dead crocodile in her medieval shop – Jordan
I liked listening to the lady who was playing the instruments because I like music – Abigail
I liked the clothes people because she picked two people and she dressed them up – Maisie
I enjoyed it when we made badges called tawdreys because they were pretty – Kya
My favourite part was when the lady showed all the cures – Lily
I kind of liked the assembly because there were three songs and I like singing – Liam
I liked it when she pretended to drink pretend wee – Thomas F
One of the best things was standing right in the middle and looking at the massive cathedral – Harvey
I liked it when we went to see the person with the bow and arrow and axe because it looked like they were going to kill someone – Toby
I liked it when I was in assembly with the Bishop because I got a chocolate – Kyle
I liked the music when the lady played – Henry
I liked listening to the story – Louis
My favourite thing was making the tawdry – Isobel
I liked the workshop when he was telling the story – Joshua
I loved the Sam the archer workshop – Harry C
I liked looking up at the ceiling and



'Harness your own internal power'

At times everyone can feel low and if this continues it can build up as 'stress' moves in. We often make the mistake of thinking 'that's life' we have to put up with it. Taking away our 'joy of life,' as we look to gain comfort from the emotional pain, we may experience this in a number of ways.

This could be:

Inability to concentrate/focus Disruptive sleep patterns/anxiety/emotional/tearful.

Constantly on the go/Sickness from work/Irritable bowel syndrome/Weight gain/ Diseases

Aches and pains/Feeling of Loneliness even in the company of others/Poor relationships with self and others
Deep down you know life should be better. You can take the next step to living the life you deserve by contacting

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looking at the pictures – Tallulah
I liked looking at the roof because it
was really awesome – Euan
I really enjoyed the story teller – Alice

Alexander Bowles
Margaret Stanbridge



SPA has always strived to be fully represented on the Committee from the surrounding district, but since the AGM last April, we have had to accept three resignations. All very valued members they kept us in touch with their particular areas, i.e. Narborough and Ashill, and we shall miss them. Although we regularly contribute to various Parish Magazines, it would be nice to have some Committee members from the district around Swaffham.

Earlier this year we were at Mundford Fun Day and lots of people wished us well with our continuing campaign to have a pool in Swaffham and as far away as Brandon they would be willing to travel to Swaffham for their swim. Later this year we hope to be at Home Hale during the run up to Christmas, and we know that Sporle, Necton and Home Hale would like to see a pool nearby at Swaffham instead of travelling to Dereham or Thetford.

SPA are always willing to attend functions around the district, but it would be great if we could have a representative on the Committee from key areas such as Sporle, Necton, Ashill, Beechamwell, Narborough etc. Most of our present Committee members live in Swaffham.

If you are able to spend a few hours at our quarterly meetings, we would be pleased to welcome you onto the Committee to hear your views on how we can raise funds and make sure the needs of the district are met in the future.

Please contact the Chairman – Mrs. Marian Clements Tel: 01760 721784
or by e-mail: m.jbclements@virgin.net

Contact our Publicity Officer – Monika Rieger-Ridd by e-mail: monikariegerridd@aol.com with any Fete, Fun Day etc. dates you may have.

Please also check out our Website: www.swimming4swaffham.org.uk

SAFER NEIGHBOURHOOD ACTION PANEL (SNAP)

Every two months a SNAP meeting is held in Downham Market, jointly run by the Police, Borough Council and West Norfolk Partnership. At these meetings residents (including those of Northwold and Whittington) can raise their concerns about local issues. The agencies present will then work together to solve these issues where possible, and report back at the next meeting. They want to encourage as many people as possible to go to these meetings.

The next meeting will be at 7:00 pm on 4th November 2010 at the Fire Station, Downham Market (behind the Police Station).

Sharron Freemantle

DO YOU NEED A LITTLE HELP GETTING STARTED WITH COMPUTERS AND THE INTERNET?

UK Online Centres can give you the confidence and skills needed to start enjoying all the fantastic things the internet has to offer.

Online basics:-

Starting with a keyboard
Starting with a mouse
Using e-mail
Using the internet safely
Using online searches

Online "understanding" courses:-

These are aimed at getting you to a stage where you feel confident about moving off and exploring the internet on your own.
E.g.. eBay auctions online, Music online, Socialising online, family history, Family Internet safety ...

There are UK online centres at:-

Brandon Library. Tel: (01842) 810184 for further details

Swaffham Library. Tel: (01760)721513 for further details

Downham Market Library. Tel: (01366) 383073 for further details

Sharron Freemantle

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(Coach Services)

Monday – Friday @ 09.00 am

Pick-up Points: Bus stop same side as St. Andrew's Church or opposite side of road to the Tile Centre (main road)

Leaves Thetford Bus Station @ 11.00am

Saturday @ 9.05 a.m.

Pick-up Point: Opposite side of road to the Tile Centre (main road)

Leaves Thetford Bus Station @ 12 noon

Northwold – King's Lynn

(Coach Services)

Monday – Friday @ 10.00 am

Pick-up Points: Bus stop opposite side to St. Andrew's Church or main road outside of Tile Centre

Leaves King's Lynn bus station @ 13.10, 16.00 or 18.00 (not non college days 16.15)

Please note there is extra bus on Tuesday's - Market Day, @ 09.30 Pick-up Points as above.

Leaves King's Lynn bus station @

1.20 pm (or as above)

Saturday @ 9.56

Pick-up Point main road outside of Tile Centre

Leaves King's Lynn bus station @

13.10 or 16.30

Northwold – Watton

(Eagle Coaches)

Wednesday only @ 09.20 am

Pick-up Point: Bus stop opposite side to St. Andrew's Church

Leaves Wootton bus stop outside Boots Chemist @ 12.15 pm

Northwold – Downham Market

(Eagle Coaches)

Friday only @ 09.20 am

Pick-up Point: Opposite Glebe Close

Leaves Downham Market @ 11.40 am

Pick-up Point: where the bus drops you when you arrive.

Northwold – Norwich

(Coach Services)

Saturday only @ 08.38 am

Pick-up Point: Bus stop opposite St. Andrew's Church

Leaves Norwich @ 2.30 pm

Pick-up point: John Lewis Department Store.

WHITTINGTON

Coach Services

No.28 - Brandon – King's Lynn

Tuesday's only

Whittington Bus Shelter @ 09.52

Leaves King's Lynn @ 14.00

No.40 – Thetford – King's Lynn

Monday – Friday

Whittington @ 09.59

Leaves King's Lynn @ 13.10, 16.00 or 18.00 (non College day @ 16.15)

Please note there is extra bus on Tuesday's - Market Day, @ 09.35 Pick-up Points as above.

Leaves King's Lynn bus station @ 1.20 pm (or as above)

Saturday

Whittington @ 10.00

Leaves King's Lynn @ 13.10 or 16.30

Eagles Coaches

Whittington – Downham Market

Friday's only

Whittington @ 09.26

Leaves Downham Market @ 11.40

Pick-up Point: where the bus drops you when you arrive

For further information please speak

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with the bus drivers or contact the following:

Travel Line – 08712002233
Coach Services – 01842821509
Eagle Coaches – 01760725392 or
01760755641

WHO'S WHO

The following list will give you information of local clubs and organisations. If you are not listed and would like to be, please send your details to the Editor, Mrs. Stephanie Squires, 23a High Street, telephone 728317 or by email, her address is on page 2.

NORTHWOLD BOWLS CLUB

Roger Preston 727694

Membership subscription: £20

The green is situated next to the tennis court at the rear of the recreation ground in Hovells Lane. Members may play between mid April until September. If you wish to start playing bowls contact Tony Cater on 500313, bowls are provided if you do not have your own. The A.G.M. is on 11 March at 7.30pm at the Sports and Social Club, new and old members are welcome.

NORTHWOLD TENNIS CLUB

Mrs. Beverley Young 727656

Membership subscription: Adult £30;
Junior £7.50; Family £60

The court is situated at the rear of the recreation ground in Hovells Lane. Members may play any time. Club nights are organised weekly throughout the season.

Visitors are welcome, coaching arranged if required.

Northwold Women's Institute – Brenda Ayres 728565

Just come along, Village Hall - 2nd Tuesday in the month at 7.15pm or contact Mrs. P. Haye 727060

Welcome packs are available if you want to know more.

We Are a group of ladies with many different interests. Come and join us to hear speakers on various subjects – enjoy our tea & refreshments to meet and chat with like minded individuals.

YOGA - Carol Bennett 728154

Everyone welcome, just come along to the Village Hall on Mondays 1.45 - 2.45pm and 6 - 7pm

£3 per session

Learn to stretch, tone, breathe and relax, while building up body strength.

You may be of any age and any level of fitness.

NORTHWOLD ART GROUP -

Patsy Hood 727582

£3 per session in the Village Hall. The Group meets every Thursday from 7 - 9 pm, please telephone Patsy if you would like to attend.

NORTHWOLD YOUTH CLUB -

Sharron Freemantle 727675 or

Jane Luckman 728921

The Club meets in the Sports and Social Club, Hovells Lane on alternate

Wednesdays from 6.30 - 8pm.

Young people from 7 to 14 years of age may join the Club for a payment of 50 pence per session, they must also be members of the Sports and Social Club.

CARE GROUP CAR SCHEME

Anyone unable to make their way to hospital, doctor, dentist etc. may utilise the car scheme run by volunteer drivers. There is a small charge towards fuel costs e.g. £3 to Dr., £8 to hospital.

Lifts to Doctor, Hospital etc.

Jim Booty 728515

Nursing equipment loan 728515"

CARE GROUP LUNCH CLUB

Glenda Burton 727018 or Mrs. Howarth 727772

The Group provides a two course meal with wine and coffee at twelve noon, on the second Monday in each month. The cost is £2.50 except at the Christmas lunch which is free with entertainment.

NORTHWOLD PRODUCE SHOW

Sharron and Steve Freemantle 727675

The Show takes place annually in September, all Northwold residents are eligible to enter produce. Schedules available from March onwards, including rules and costs.

VILLAGE HALL EVENTS

MONDAYS Yoga
2nd. MONDAY Care Group lunch,
noon, £2.50 contact Glenda 727018
MONDAY 7.30pm Dancing contact
Bryan Cater 728342
TUESDAY 2 - 4pm Forget Me Not
Club (over 55s) contact Joyce
728793 fortnightly afternoons
2nd TUESDAY 7.15pm Women's
Institute – Mrs. P. Haye 727060
THURSDAY 9am Dr. Knott 500331
THURSDAY 7pm Art Club
contact Patsy 727582

FRIDAY 9am Tots and Co.
FRIDAY fortnightly Spiritualists
727174

SATURDAY 9-noon Ballet
contact Amanda 07810 080751

The Chiropodist visits from time to time
contact Mr. Noble 01362 652757

WHO'S WHO – USEFUL CONTACTS

Mrs, Elizabeth Truss

Member of Parliament, House of
Commons, London, SW1A 0AA,
01760 336633

Anthony White,
County Councillor, Daytona,
Whittington, King's Lynn, PE33 9TE,
502133

Adrian Lawrence,
Borough Councillors, Muriels Farm,
Old Methwold Road, Feltwell,
Thetford, IP26 4DX
01842 829809

Mick Peake

Marmick Cottage, Fen Road, Wretton,
King's Lynn, PE33 9QP
501459

Martin Storey

17, South Street, Hockwold,
Thetford, IP26, 4JG
01842 828016

DOCTORS

Feltwell Surgery
Old Brandon Road, Feltwell
01842 828481

Boughton Surgery

01366 500331

Police - Non emergency
0845 4564567

MOBILE LIBRARY

Calls in our village on a Thursday, normally every 3 weeks and stops at the following:

	Arrival Time	Depart. Time
Inghams Lane	13.35	14.00
Tile Centre	14.05	14.30
Manor Place	14.35	15.00
School	15.05	15.20
Council Houses	15.25	15.35
Bulldog Garage	15.40	15.55
Little London	16.00	16.20

MOBILE FISH & CHIP VAN

Why not try a fish & chip super from the mobile van which calls in our village on a Thursday evening. It stops at 3 destinations along School Lane approximately 6.20 – 6.30 pm then outside Village hall approx. 6.35pm then Glebe Close approx. 6.45pm. For further information call Andrew on 07876 485616

RIVER WATCH

The birds were exhausted. They had been flying for three whole days and more. Their numbers had gradually fallen away and now they were reduced to just twenty seven. It was without doubt a survival of the fittest. Far beneath them was the unwelcoming North Sea and certain death - so on and on they went.

The geese were en-route from the Artic Circle. There it was already a barren waste of ice and snow and the cold was getting even colder. The severe weather had woken up the urge of nature and had bid them to take to flight. Such was always the calling at this time every year. The mass exodus of the geese was over a period of several weeks and in flights of varying numbers – some big and some small. The compass point was fixed and so they travelled onward in their unnerving V formations until the east coast of Scotland appeared. Here after a short respite they followed the coastline down to the unmistakable shape of The Wash. Several similar flights had already veered away to their own favoured destinations and now only our particular feathered friends remained high aloft. Onward they drove themselves until the course of the river Ouse was recognised and at long last they were nearly there!!

Thus every year a particular stretch of our very own river Wissey is hearth and home to just a few bands of travel weary geese. Well sheltered it provides a safe haven for them for several months and so our flight arrived late one afternoon with a final circle and a timely splash down.

Night quickly followed and soon a lonely stretch of river was filled with sleeping wildfowl. A clear sky pierced with bright stars watched overhead. A barn owl glided the length of the river but all remained deathly quiet. There was not even a rustle in the dry thick undergrowth for few beings were out and afoot. All continued until a startling red and yellow sunrise burst through the tangled tree line. Then without warning the mornings activities commenced with

an almighty splash from mid-water. A large lethargic pike had been unable to resist a passing shoal of silver roach as they made an early passage upstream. This proved to be the trigger for all gods creatures to display themselves. Fish topped and paved the way for the passing of a well disciplined armada of ducks. A pair of bright white swans followed as they began their stately patrol. Rabbits appeared from nowhere as if from a conjurers hat and bobbed this way and that to complete a busy picture.

The geese in their black and brown and white dress took measure of their new surroundings. Two or three walked the walk and went to wing. Having satisfied themselves that all was well they quickly returned whereupon they all commenced their morning toilet with great chatter and splashing. Groups within groups formed and rivalry commenced as individual territories were claimed and counter claimed. The narrow but deep waters of this part of the river was now confirmed as the winter residence for the visitors. Eventually they would meet their estranged cousins who are full time residents of the river Wissey. These geese for what ever reason have no calling to migrate but that is a story for another day!

Rain came that same afternoon followed by a dark blanket of cloud which quickly spread. A wind evolved and commenced its plaintiff howling through a nearby copse. Trees bent as a fierce rainstorm hammered patterns in the river to make for a torrid end to the day. For certain no man would choose to venture out in such weather but our friends the geese were perfectly happy. Perhaps they were even smiling but anyway they carried on doing what geese do and were totally content!

By Ivor Hook

WHAT DOES THE DOCTOR THINK THIS MONTH?

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Northwold Spiritualists

Meet every other Friday in the Village hall at 7.30 pm and on other occasions.

Schedule.

5th November	Cherry Smith
19th November	Kevin Hales
3rd December	David McEntee-Taylor
17th December	Shirley Cimelli

ADDITIONAL EVENTS

Enquiries to Eileen on (01366)727174

FOOT HEALTH CLINIC

May we remind our readers that the next foot health clinic is as follows:-

Wednesday 20th October 2010 at the Village Hall, Surgery Room.

For appointments tel. 01362 652757

David Noble. WMSch(Hons)., MPSPract.,MVR.

and afoot. All continued until a startling red and yellow sunrise burst through the tangled tree line. Then without warning the mornings activities commenced with an almighty splash from mid-water. A large lethargic pike had been unable to resist a passing shoal of silver roach as they made an early passage upstream. This proved to be the trigger for all gods creatures to display themselves. Fish topped and paved the way for the passing of a well disciplined armada of ducks. A pair of bright white swans followed as they began their stately patrol. Rabbits appeared from nowhere as if from a conjurers hat and bobbed this way and that to complete a busy picture.

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Ian G. Nisbet

PLAY READING

Would you be interested in becoming part of a play reading group?

It's for people of all ages and no prior experience is necessary, just an interest in plays. The main thing is the fun of

doing it and talking about it afterwards.

You don't even have to take part – you could just listen.

You pick the plays and we'll source them and get copies made of them.

Each play will be distributed and cast well ahead of the reading so no one will be asked to sight-read.

We're thinking of doing about 10 plays a year. We may also arrange theatre outings as special treats.

Come along to our inaugural meeting on

MONDAY 15TH NOVEMBER 2010 –
7pm at
Manor Farm Barns, West End,
Northwold, Norfolk IP26 5LA

We look forward to seeing you
Malcolm Hay, Toni Arthur-Hay and
Jane Luckman

If you can't come, but are interested,
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